



What's Your Plan After High School?

High School and Beyond Planning
for the Class of 2020

Mountlake Terrace High School
School Counselors

October 2019

ARE YOU READY TO FLY





In the Classroom

What we are talking about today?

- ◎ The importance of your high school and beyond plan/senior interview
- ◎ Have a better understanding of your post-secondary options
- ◎ Gain advice about the college application process
- ◎ Beware of important deadlines/timelines

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1

High School & Beyond Plan

Let's talk about your graduation requirements
and post-secondary options.

High School and Beyond Plan

High School and Beyond

In addition to being aware of your graduation requirements, you should have a vision for yourself.

What direction do you want to take yourself after high school?

The Pathway to Graduation

Are you ready to graduate from high school?

As a senior, you should be aware of your current graduation requirements.

Post-Secondary Options

At this point in your academic career, you'll need to start considering what pathway you'll want to pursue after high school.



Washington State's Graduation Requirements

- ★ 22-Credits
- ★ SBA Math & ELA, WA History

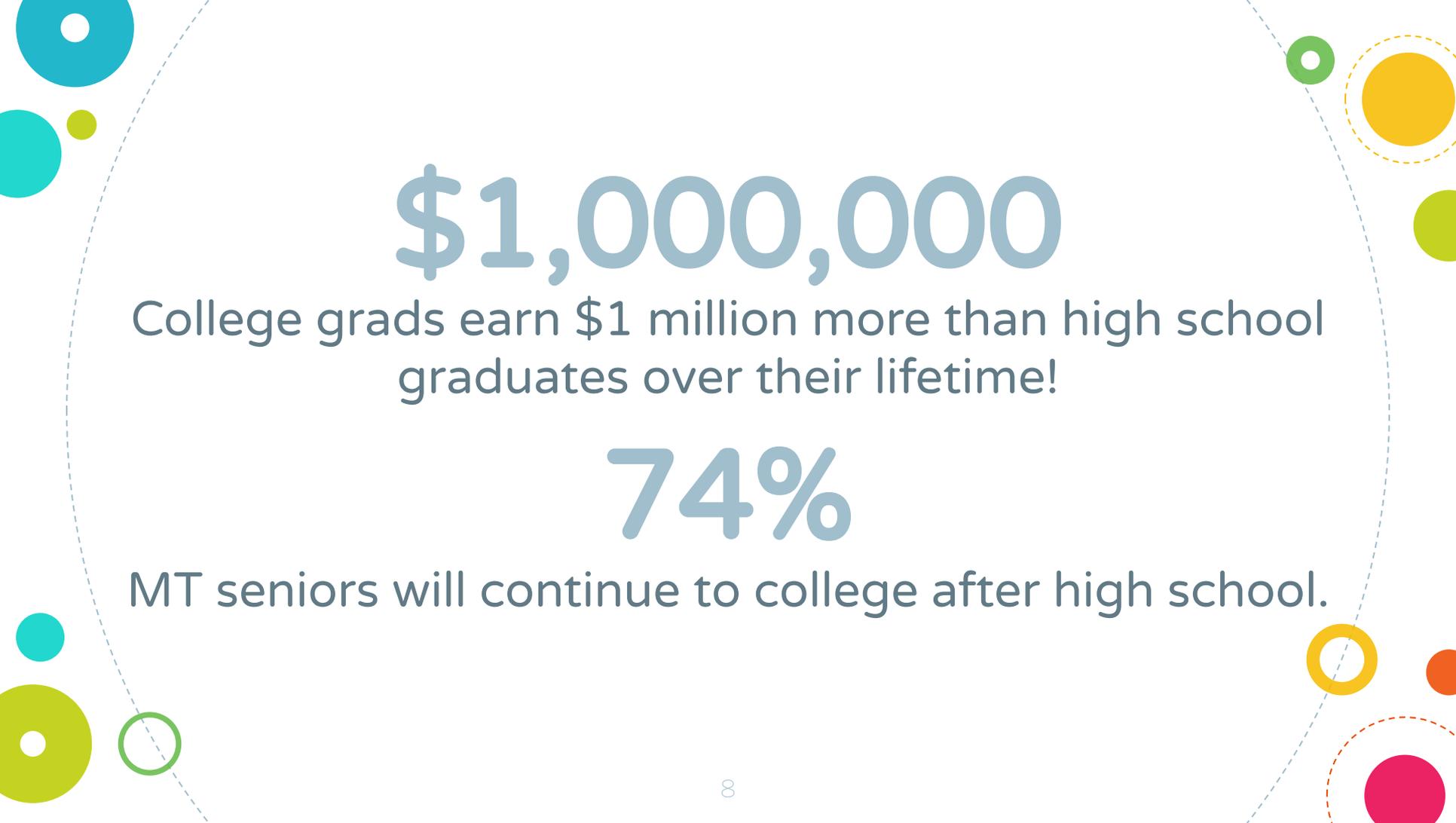
Graduation Requirements

SUBJECT	CREDITS	SEMESTERS
☉ The Arts	1	2
☉ English	4	8
Personal Finance	0.5	1
Health	0.5	1
Physical Education	1.5	3
Math	3	6
Career & Technical	1.5	3
Science	2	4
Social Studies	3.5	7
Electives	4.5	9
☉ State Tests (SBA math and ELA)		
TOTAL CREDITS	22	44



Are you on track?

YOU MUST MEET ALL
GRADUATION
REQUIREMENTS TO WALK



\$1,000,000

College grads earn \$1 million more than high school graduates over their lifetime!

74%

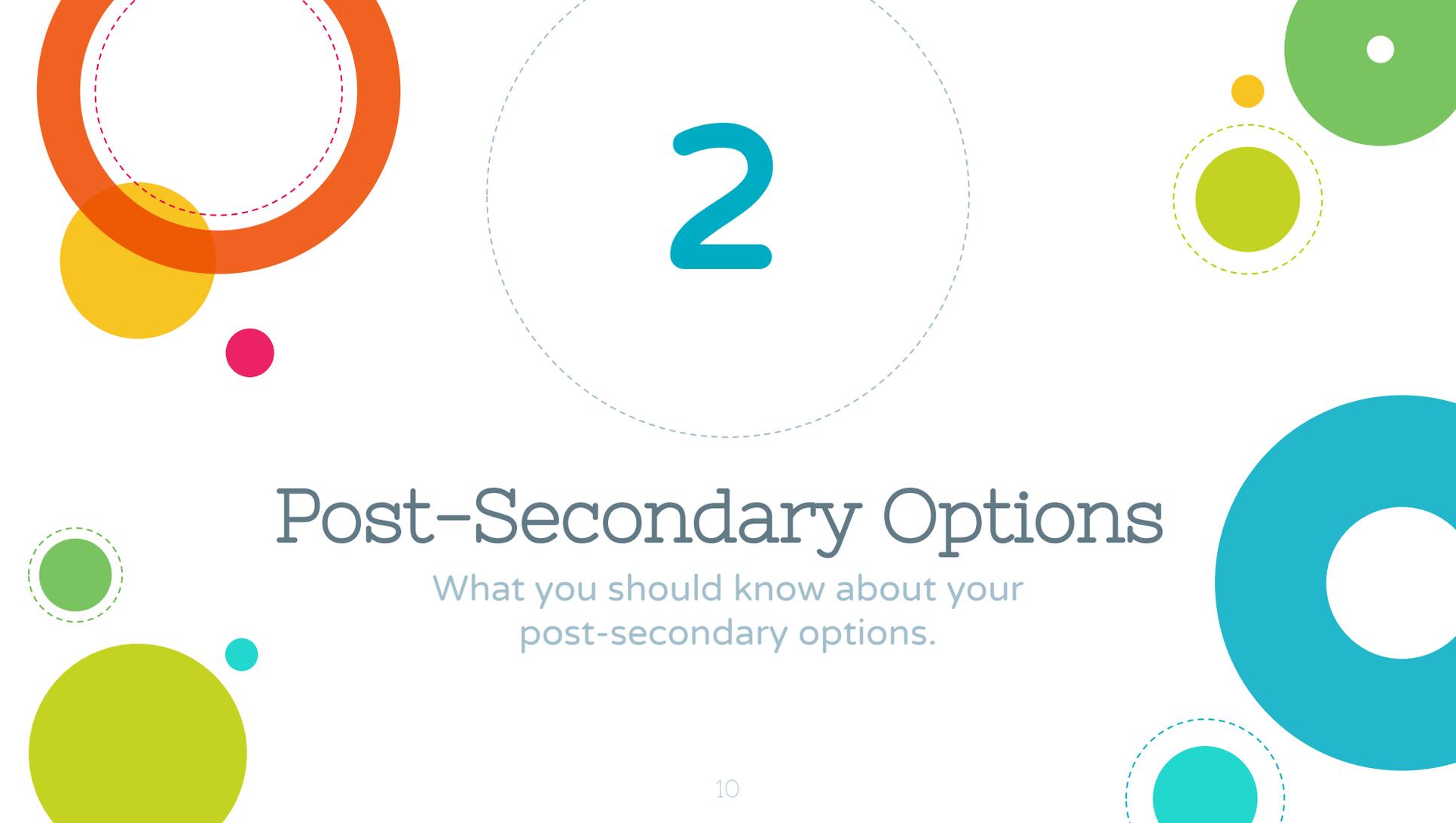
MT seniors will continue to college after high school.

Let's talk about personal investment

	H	M	Y	10
Work	\$15	\$2,608	\$31,305	\$313,050
2Y College	\$22	\$3,826	\$45,914	\$459,140
4Y College	\$29	\$5,125	\$61,500	\$615,000
6Y Masters	\$38	\$6,833	\$82,000	\$820,00

Source:

- According to U.S. Census Bureau statistics, people with a bachelor's degree earn over 70 percent more on average than those with only a high school diploma.
- 1,000,000 - Over a lifetime, the gap in earning potential between a high school diploma and a B.A. (or higher) is more than \$1,000,000.

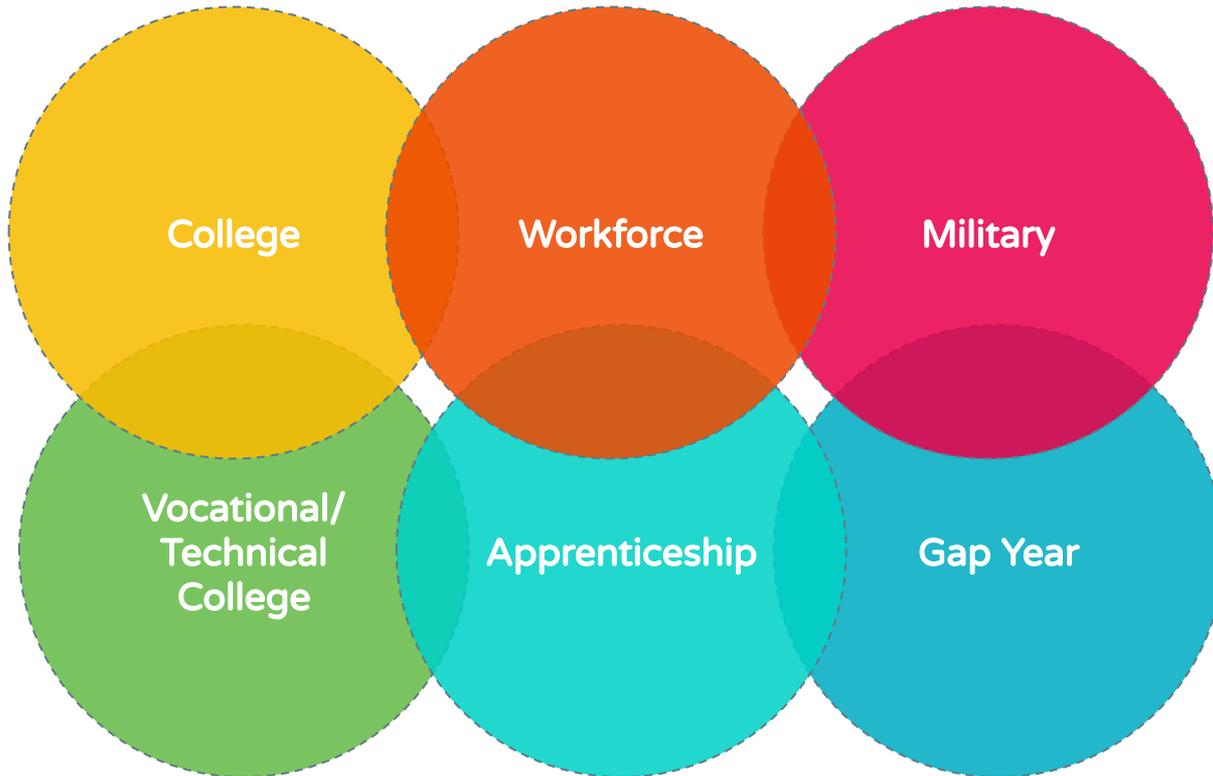
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Post-Secondary Options

What you should know about your
post-secondary options.

Choose Your Next Journey



Community College

Better Cost

The **cost of tuition is half** the price of a public university in WA. Live at home during the first 2 years of college to save thousands of dollars!

Test the Waters

A community college gives you a **chance to test the waters** at a drastically lower cost than a four-year university. You can **explore different classes or fields** to determine if you really want to pursue your chosen major.

Open Door Policy

They have an open door policy and will **accept all students regardless of their GPA**. SAT/ACT tests are not required!

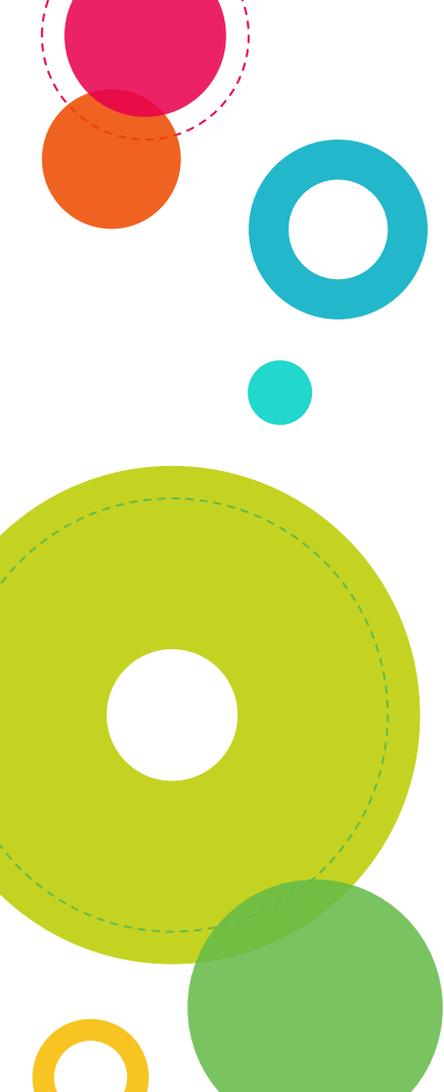
College Reqs in 2-Years

You can complete general college reqs for the first 2 years and then **transfer to a 4-year college**. Look for the Direct Transfer Agreement (DTA).

Improve Your Transcript

If your grades are less than rosy, get a **second chance to achieve a stellar transcript**. You'll have a **better chance** to be accepted as a junior than a freshman since there's less competition.





Four-Year College/University

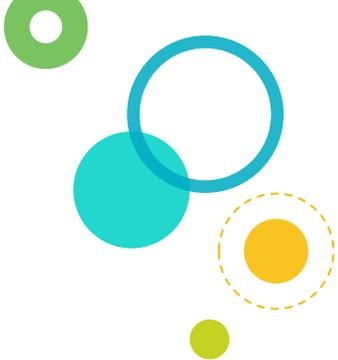
High Learning

Are you looking for a more rigorous and challenging learning atmosphere? College is the **combination of theory-based and practical application**.

Because of this, **colleges require** SAT/ACT test scores, complete GPA and other requirements.

Student Activities

Colleges can easily have **hundreds of established student clubs**, ranging from general interests to very specific focuses.



Bigger

Majority of the universities will have **larger and diverse student populations**. Bigger includes athletic programs like football/basketball, student resources, and networking opportunities.

List of Majors!

Four-year colleges will have **more academic programs**. It is likely students will find an area of study they are interested in and enjoy.

Workforce

Done

You may be **tired of tests and essays**. College will bring more school work than high school!

You must be **prepared for what will come your way** if you go to college first. And, that might be the very reason you want to get to work instead.

Experience

Going to work right after high school may **help you make a better decision** about schooling in the future.

Independence

You'll be able to earn money by working, which will give you a **sense of independence and confidence** that you can make it on your own.

It will also give you life experience and force you to learn how to manage your money responsibly.





Military

Patriotism

Maybe you feel a **civic duty** to serve your country and protect your country's liberty and freedom.

There are **five military** program fields to consider:

- ◎ Army
- ◎ Navy
- ◎ Air Force
- ◎ Marines
- ◎ Coast Guard

Opportunity

Joining the military can provide a strong amount of **training, education, leadership,** and a **job** all in one opportunity.

In addition, the opportunity can be in the form of **travel!** The military has locations all around the world and pays you to enjoys these experiences while you're on duty.

GI Bill Benefits

The GI Bill has helped millions of **Veterans pay for college,** graduate school, and training programs.

Under this bill, qualifying Veterans and their family members can get **money to cover all** or some of the costs for school or training.

Apprenticeships

“Earn While You Learn”

Apprenticeship is an “**earn while you learn**”, career pathway where individuals can earn and learn at the same time. Apprenticeship includes: **paid job, education** and **credentials**.



Hands-On Jobs

An apprenticeships examples:

- ⦿ Plumber
- ⦿ Welder
- ⦿ Roofer
- ⦿ Shipwright
- ⦿ Carpenter
- ⦿ Electrician
- ⦿ Machinist
- ⦿ Automotive Technician
- ⦿ Many more...

High Demand!

Because employers are frustrated at the shortage of skilled workers, and families cringe at the cost of higher education, **apprenticeships are gaining steam**.

Over the next decade, jobs require apprentices are in **high-demand**.

- Construction: 22% growth
- Health: 24% growth
- Electricians: 20% growth
- Machinist: 10% growth



Gap Year

Break Time

Whether you want to take time to travel, have an internship opportunity, or just don't feel "ready" for college yet, **consider taking a break after high school.**

Even if you want to take a gap year, **apply for college admission** as a senior.

Once admitted, you can pay the college enrollment deposit and then request to **defer enrollment for one academic year.**

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Post-Secondary Advice

Here is some advice you should consider as you plan and prepare life after high school.



College Search

Picking The Right Jeans

When you are looking into a college, consider and prioritize these characteristics:

- ⦿ **Location**
- ⦿ **Size**
- ⦿ Majors/Academic Programs
- ⦿ Clubs/Sports/Activities
- ⦿ Cost
- ⦿ **Admission Requirements**
- ⦿ Room and Board Options
- ⦿ Part-time/Full-time
- ⦿ 2 Year/4 Year



Relax

There are nearly **4000 colleges in the United States**. There is a school for you!

Check out these recommended college websites and research the personality of the school!

Big Future / CollegeBoard

<https://bigfuture.collegeboard.org/>

College Niche

<https://www.niche.com/>

CollegeReel

<https://www.campusreel.org/>

Scoir

<https://www.scoir.com/sign-up>

College Selection

The Big Question

It is very common for seniors to ask us this question:

“How many colleges should I apply to?”

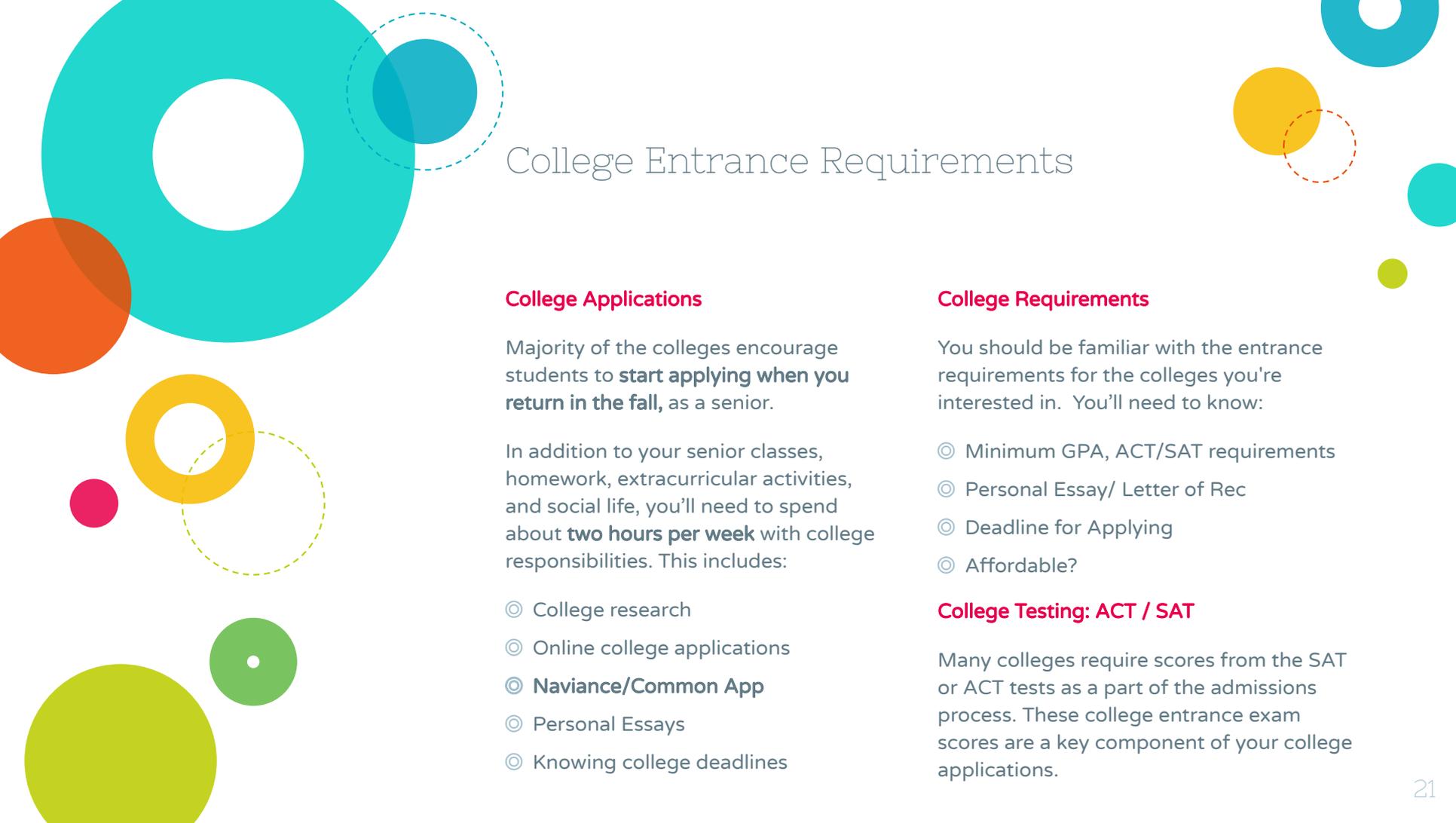


Identify Six Colleges (RTS)

We recommend starting with **6 schools**. Break down your six colleges around between these criteria:

- ◎ **Reach (2)** - below academic credentials
- ◎ **Target (2)** - meet academic credentials
- ◎ **Safe (2)** - exceed academic credentials

Know your schools! Use GPA ranges and SAT/ACT scores to help determine acceptance probabilities.



College Entrance Requirements

College Applications

Majority of the colleges encourage students to **start applying when you return in the fall**, as a senior.

In addition to your senior classes, homework, extracurricular activities, and social life, you'll need to spend about **two hours per week** with college responsibilities. This includes:

- ⦿ College research
- ⦿ Online college applications
- ⦿ **Naviance/Common App**
- ⦿ Personal Essays
- ⦿ Knowing college deadlines

College Requirements

You should be familiar with the entrance requirements for the colleges you're interested in. You'll need to know:

- ⦿ Minimum GPA, ACT/SAT requirements
- ⦿ Personal Essay/ Letter of Rec
- ⦿ Deadline for Applying
- ⦿ Affordable?

College Testing: ACT / SAT

Many colleges require scores from the SAT or ACT tests as a part of the admissions process. These college entrance exam scores are a key component of your college applications.

Choose Your Next Journey

University - Public	GPA	SAT	ACT
Central	3.2	910-1110	20
Eastern	3.0	990	22
Western	3.4	1080-1280	23
UW Seattle	3.7	1190-1420	25
UW Bothell	3.2	1130	23
WSU	3.3	950-1170	23
University - Private	GPA	SAT	ACT
Seattle University	3.8	1200-1390	24
Gonzaga University	3.7	1250-1410	26
Walla Walla University	2.5	920-1210	22
Whitworth University	3.4	1160-1370	24

The Cost of College

University - Public	Tuition / Year	Room/Board
Central	\$7,700	\$8,900
Eastern	\$6,900	\$9,100
Western	\$8,100	\$9,500
UW Seattle	\$11,200	\$12,700
UW Bothell	\$7,550	\$9,600
Edmonds CC	\$3,600	\$3,500

University - Private	Tuition / Year	Room/Board
Seattle University	\$35,600	\$12,500
Gonzaga University	\$34,100	\$15,200
Walla Walla University	\$23,900	\$11,400
Whitworth University	\$29,280	\$11,500

The Cost of College

More than **half of all students (60%)** attending college in the United States **receive some form of financial assistance.**

The colleges publish there is the “sticker price.” You’ll need to **learn and focus on the net price.** Available on a college’s website, net price calculators can help prospective students get a better handle on what they will be expected to pay.

The **most important** part of this process is completing the **FAFSA.** **This** is the first step in securing federal aid. The important date to know for need-based grants, loans, and work-study is **October 1, 2019!**



Federal Student Aid
AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION

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Free Application for Federal Student Aid

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Submit a Free Application for Federal Student Aid (FAFSA)

New to the FAFSA?

Returning User?

- Make a correction
- Add a school
- View your Student Aid Report (SAR), and more...

Start A New FAFSA **Login**

Know This...

Western Undergraduate Exchange

WUE is a regional tuition-reciprocity agreement that enables students from western states to enroll in participating colleges at 150% of the enrolling institution's resident tuition.

- 15 Member States
- Pay 150% of in-state tuition
- 11,500 students from 145 schools
- Local States that have WUE:
 - Oregon, Idaho, Montana, Colorado, Arizona, Hawaii



FairTest

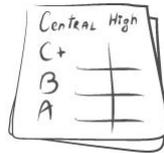
FairTest is an educational organization that addresses issues related to fairness and accuracy in student test taking and scoring.

More than 1000 accredited colleges and universities that do not use ACT/SAT Scores to admit students Into bachelor-degree Programs

The Anatomy of the College Application

Every college and university has its **own admissions requirements based on their academic standards**, school structure and the types of programs offered.

General admissions application requirements can include the following elements to help colleges learn more about who you are:



Components of an Application:

- ◎ Application
- ◎ Transcript
- ◎ Test Scores
- ◎ College Essay
- ◎ Application Fee/Fee Waiver
- ◎ Financial Aid/Scholarships

Follow Up

Recommendations for Private Schools:

Teacher Recommendation (1 – 2)

Academic appraisal of ability to do college level work

Core academic areas or areas relating to major

Junior year teachers preferred

Counselor Recommendation

Broader appraisal, taking into account overall navigation of high school

Accompanies transcript and school profile

College Essay

Review applications for essay topics – length requirements

Senior English classes assist with essay

Opportunity for student to show who they are

Test Scores: ACT / SAT

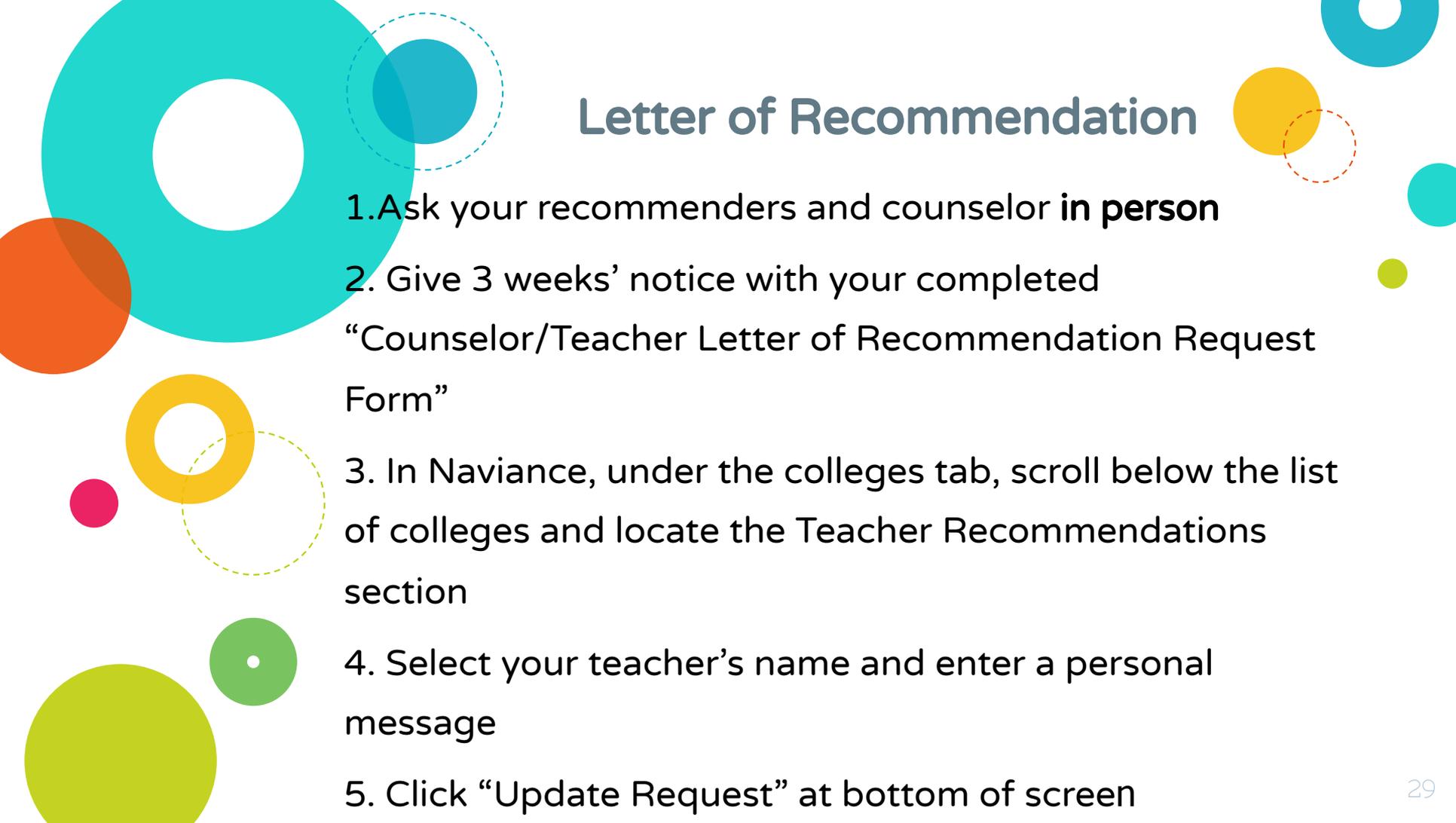
- ACT: four subject tests (English, math, reading, science), writing optional, no penalty for wrong answers. Choose which sit date to report.

- SAT: three tests (reading, writing, math). Writing NOT optional, the penalty for wrong answers, can choose by sit date, several, or all dates.



Post High School Application Process

- ◎ Please follow the guidelines on the **Naviance College Planning Checklist**
- ◎ Complete **Supermatch College Search Tool**
- ◎ Add at least 2 schools to **Colleges I Am Thinking About**
- ◎ Add schools into **Colleges I Am Applying To**



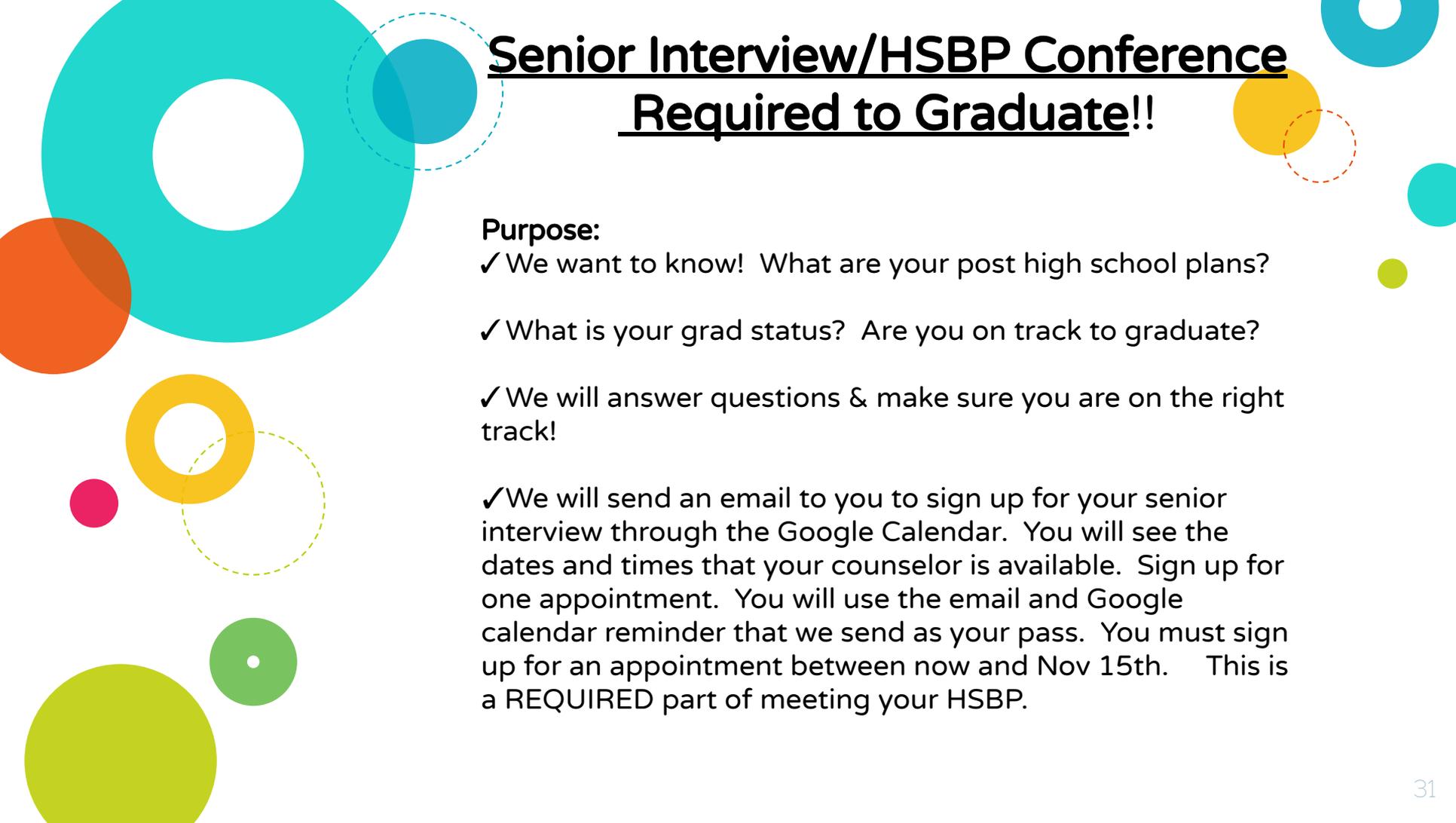
Letter of Recommendation

1. Ask your recommenders and counselor **in person**
2. Give 3 weeks' notice with your completed "Counselor/Teacher Letter of Recommendation Request Form"
3. In Naviance, under the colleges tab, scroll below the list of colleges and locate the Teacher Recommendations section
4. Select your teacher's name and enter a personal message
5. Click "Update Request" at bottom of screen



Transcripts

- Complete the college's application
- In Naviance, go to “Colleges I’m applying to” and click on the pink “plus” icon.
- Type in the name of the colleges you will be applying to and press enter. Complete the remaining boxes and click the “Add and request transcript” button.



Senior Interview/HSBP Conference Required to Graduate!!

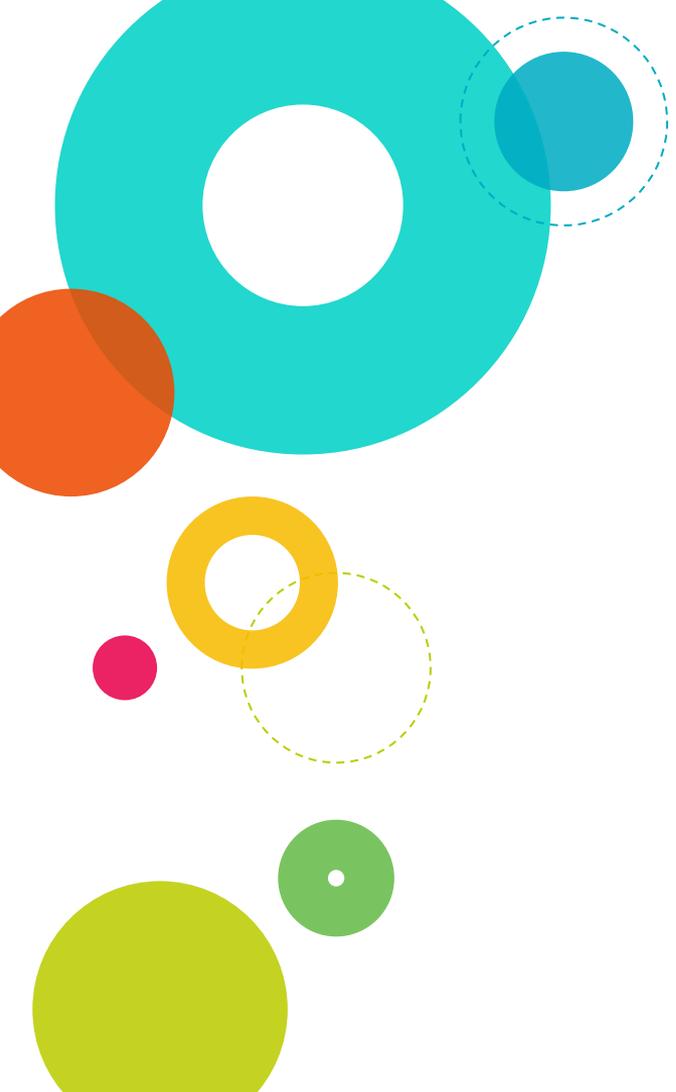
Purpose:

✓ We want to know! What are your post high school plans?

✓ What is your grad status? Are you on track to graduate?

✓ We will answer questions & make sure you are on the right track!

✓ We will send an email to you to sign up for your senior interview through the Google Calendar. You will see the dates and times that your counselor is available. Sign up for one appointment. You will use the email and Google calendar reminder that we send as your pass. You must sign up for an appointment between now and Nov 15th. This is a REQUIRED part of meeting your HSBP.



NEED HELP??

Come to the Career Center if you need help with your college application or FAFSA/WASFA. Help is available during lunch and after school from 2-3 on Wednesdays from now through Jan 15th!



Important Dates

- October-December Senior Interviews
- October 1 FAFSA – Free Application for Student Aid
- Tuesday, Oct 8th: PNACAC Snohomish, Lynnwood, WA at Lynnwood High School
- October 10th Trade up- Contact Ms. Brister in Career Center
- October 23rd at 6:00pm: FINANCIAL AID NIGHT!!
- November 1-15: Early Decision deadline
- November 15: Deadline for UW application
- December 1-January 15: Priority Deadline
- December: CSS Profile – Financial Aid form for private schools
- May 1: National Decision Day

